

Agenda of activities for the students and teachers from IIS Parmenide during their mobility at IES Ordes (from 5 to 11 May)

Sunday 5 May

- 17.55:** Arrival at Santiago's airport:
.Arrival in Ordes
.Accommodation at the hotel

Monday 6 May

- 10.00:** .Arrival at IES Ordes
.Meeting at the conference room
.Welcome by Manuel, the headmaster
.Video presentation of the school
- 10.30:** .Musical performance by Edith (a student) and Xavier (a teacher)
- 11.00:** .Guided visit of the school's premises by students (1st year high school students)
- 11.40:** .Break time
- 12.10:** .Participation in a practical activity during a Music class
- 13.00:** .Some morsels with students
- 14.45:** .Welcome lunch
- Afternoon:** .Guided visit of Ordes
.Reception at the town hall (both activities will depend on the council's availability and agenda)

Tuesday 7 May

- 09.50:** .Arrival at the school
- 10.00:** .Infographic with the preparation of 2 traditional dishes of the Mediterranean diet (by Italian students)
.Presentation of the Atlantic / Mediterranean diets and their benefits (by Spanish students)
- 10.50:** .Presentation of Italian traditional games
.Presentation of Galician traditional games (1 the Key game, 2 Stilts) -at the gym
- 11.40:** .Break time

12.10-14.30: .Italian and Spanish students play the previous games, in mixed teams

Afternoon: .Free

Wednesday 8 May

10.40: .Arrival at the school

10.50: .Presentation of the preparatory diet and physical preparation to walk the way to Santiago (Italian students)

11.40: .Break time

12.00: .Walking the English way to Santiago, through Ordes (*Poulo, the English way, along the river, fort*)
.With different insights (explanations) by students into:
.its wildlife (flora and fauna)
.its history
.its legends and toponymy

14.30: .Arrival at the school

Afternoon: .Free

Thursday 9 May

.Transfer by bus to Santiago

10.30: .Purchase of tickets to visit the cathedral's roofs (Obradoiro Square, Pazo de Xelmírez) -€6 per person (€3 each visit). Punctuality.

10.45: .Visit of Portico of the Glory (with no guide, in silence, contemplative – 25 minutes long)

11.15: .Guided visit to the cathedral's roofs – 50 minutes long
+ Free access to the Museum's Permanent Collection (open from 10.00 to 20.00)
+ Free access to the cathedral

16.00: .Guided tour of Santiago's old town, for 8 people. Meeting point: Obradoiro Square (the guide will be carrying an orange umbrella) – 2 hours long - €110 (VAT included)

Friday 10 May

10.00: .Arrival at the school

10.30: .Elaboration of a logo for the project (+a slogan?), by students in 2 mixed-nationality groups.
.Selection of the best logo (slogan) for the project
.Report of the activities developed throughout the week

11.40: .Break time

12.00: .Attendance of a class of Physical Education

12.50-13.40: .Delivery of the Certificates of Attendance

14.45: .Farewell lunch

Afternoon: .Free

Saturday 11 May

14.00: .Return to Italy from Santiago's airport

After the mobility:

.Students' report of the activities developed throughout this week

.Assessment of the experience by means of a questionnaire